



fittleworth

Your prescription belongs to **YOU**, and it's your choice who supplies it.



Why choose Fittleworth?

A trusted, dependable and personal delivery service

- **FREE** prompt and discreet delivery of products from all manufacturers
- Access to clinical advice from a nurse working with your hospital team
- NHS and private prescriptions
- Holiday Health Advice
- Pouches customised and cut to size when requested
- Wide range of complimentary items to support your routine
- Delivery within 3 days upon receiving your prescription

+70k
patients

Nominating us to dispense and deliver your products is easy.

Simply choose your preferred way to contact us from the list below and we'll do the rest.



Call us

0800 378 846

Mon to Fri 8am-6pm



Email us

caring@fittleworth.com



Order via Post

Send your prescription to:

Fittleworth, FREEPOST,
2 Henry Lock Way, Littlehampton,
West Sussex, BN17 7FB

NHS

Providing NHS services



fittleworth

There are **3 ways** you can nominate Fittleworth for dispensing your prescription:

- 1 Call us**
0800 378 846
You will be asked for your Name and Address, Telephone number, Date of Birth and NHS number (if known)
- 2 Email us**
caring@fittleworth.com
Send us your Name and Address, Telephone number, Date of Birth and NHS number (if known)
- 3 Fill in the form below and send to:**
Fittleworth, FREEPOST, 2 Henry Lock Way, Littlehampton, West Sussex, BN17 7FB

Patient Name	
Address	
Telephone Number	
Date of Birth	
NHS Number	

I am the patient named above/carer of the patient named above.
Nomination has been explained to me and I have also been offered a leaflet that explains nomination
I would like to nominate Fittleworth as my nominated Dispensing Appliance Contractor for dispensing prescriptions issued by the NHS Electronic Prescription Service

Signature	
Date	

Additional support & resources

We know that living with a condition brings challenges and we want to assure you that your patients are not alone in facing them. By working closely with patients, clinical nurses and a variety of qualified experts we've created a suite of FREE highly effective support materials, to help your patients live a dignified and confident life.



Dietary Advice



Ostomates Kitchen

Expert guidance on healthy diet and hydration.

Hydration Guides and Trackers

Expert guidance to manage hydration with specific conditions.



Scan QR code to download



Exercise Programme



Simple Steps

Expert exercise guidance to help patients before and after surgery. Split across 4 different 'steps'.



Scan QR code to download



Relationship & Mental Health Support



Connections

Relationship support for patients to reconnect with themselves and their loved ones. Booklets available to pass on to patients during consultations.

I'm Still Me

Body confidence webinar accompanied with wellbeing journal.



Scan QR code to download



Travel Support

Travel Passport



Educational leaflets to help plan and prepare for upcoming travel—whether within the UK or abroad. For overseas travel, we also provide travel certificates to demonstrate the need to carry medical appliances, provided in a number of languages.



Scan QR code to download



Travel Assist



Travel Assist is an emergency service for Fittleworth patients only facing urgent medical appliance supply issues while traveling outside the UK, such as in cases of lost baggage. Please refer to the Travel Assist leaflet for full terms and conditions.



Scan QR code to download



Explore Our Blog

Our website's blog features articles, stories, and helpful tips on frequently asked topics—shared by our patients and community members who live with various medical conditions. www.fittleworth.com/blog/

Visit our website at
www.fittleworth.com
for further information.





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Contact us

England & Wales: 0800 378 846

Scotland & N. Ireland: 0800 783 7148

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